

**Chief Complaint – HPI (History of Present Illness)**

Patient Name: \_\_\_\_\_ Case: \_\_\_\_\_ Date: \_\_\_\_\_ Dr: \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

Body Area(s) Involved:  Cervical  Spine, Ribs, Pelvis  Upper Extremity  Lower Extremity

Condition:  New  Recurring  Exacerbation  Chronic

**Mechanism of Onset:**

- Auto (see accident history form)
- Work...  Fall  Lifting  Overexertion  Repetitive Motion  Other (see accident history form)
- Other...  Etiology Unknown  Overexertion  Repetitive Use  Slept Wrong  Slip or Fall
- No Injury (see below)

Symptoms:  Pain  Numbness  Stiffness  Weakness

Location: Left / Right / Bilateral \_\_\_\_\_

Quality:  Burning  Diffuse  Dull/Aching  Localized  Sharp  Shooting  Stabbing  
 Throbbing  Tightness  Tingling  Radiating  Other \_\_\_\_\_

Level of Impairment Due to Symptoms (Resting):

**0      1      2      3      4      5      6      7      8      9      10**

Level of Impairment Due to Symptoms (With Activity):

**0      1      2      3      4      5      6      7      8      9      10**

Duration: Symptom(s) Started: \_\_\_\_\_ Symptom(s) Worsened: \_\_\_\_\_ Symptom(s) Last Occurred: \_\_\_\_\_  
Symptom(s) Last Episode: \_\_\_\_\_ Injury Occurred: \_\_\_\_\_ Accident Occurred: \_\_\_\_\_

Timing: Worse in the:  Morning  Afternoon  Night  With Activity  Constant  Intermittent

Context: Better with:  Warm Temp  Cold Temp      Worse with:  Warm Temp  Cold Temp  Damp

Assoc Signs and Symptoms:  Blurred Vision  Depression  Dizziness  Headaches (see below)  
 Irritability/Mood Swing  Localized Tingling  Nausea  Ringing in Ears  Stiffness

Headaches: (continued)      Location:  Occipital  Frontal  Temporal  Parietal  Sinus  
Quality:  Dull  Sharp  Throbbing  Stabbing  Aura  No Aura  
Types:  Hat Band  Cluster  Migraine  Tension

Radiation: Left / Right / Bilateral \_\_\_\_\_

Weakness: Left / Right / Bilateral \_\_\_\_\_

Other Assoc Signs and Symptoms:  Aches  Cold Limb  Dizziness  Ecchymosis  
 Fatigue  Fever  Heartburn  Muscle Spasm  Nausea  Numbness  
 Pale Bluish Skin  Panic  Pins & Needles  Runny Nose  SOB  Stiffness  
 Sweating  Swelling  Tingling  Vomiting  Weakness

**Modifying Factors:**

Symptoms Better With:  Activity  Bending  Cold  Heat  Massage  
 Movement  OTC Meds  Rx Meds  Rest  Stretching  Sitting  
 Standing  Twisting  Walking  Nothing Helps

Symptoms Worse With: (as noted in Social History)

Since condition began, has anything permanently helped you? YES NO  
Has anything that you have done, thus far, fixed you problem? YES NO

**Employment:**

Occupation: \_\_\_\_\_ Work (hrs/day): \_\_\_\_\_

Job Classification:  Sed (<5lbs)  Light (6-20lbs)  Moderate (21-49lbs)  Heavy (>50 lbs)

Lifting Frequency:  Constant (66-100%/day)  Frequent (33-65%/day)  Occasional (0-32%/day)

Lifting Postures:  Torso  Knee  Arm  Shoulder  High Near  Off Posture

Work Activity Postures: (hrs/day)

Sitting: \_\_\_\_\_ Standing: \_\_\_\_\_ Walking: \_\_\_\_\_ Climbing: \_\_\_\_\_ Pushing: \_\_\_\_\_ Pulling: \_\_\_\_\_

Kneeling: \_\_\_\_\_ Reaching: \_\_\_\_\_ Twisting: \_\_\_\_\_

Repetitive Activities: (hrs/day)

Computer: \_\_\_\_\_ Phone: \_\_\_\_\_ Machinery: \_\_\_\_\_ Hand Tools: \_\_\_\_\_ Assembly: \_\_\_\_\_ Grasping: \_\_\_\_\_

**Condition's Effect On Job Performance:**

Mild Painful (can do)  Mod Painful (limits ability)  Mod/Sev (limited duty)  Sev (no limited duty)  Sev (can't do limited duty)

**Daily Activities: Effects of Current Condition on Performance**

- Care –Infirm Family:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Carrying Groceries:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Change Posn–Sit–Stand:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Climb Stairs:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Daily Pet Care:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Driving:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Ext Computer Use:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Household Chores:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Lift Children:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Self Care–Bathing:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Self Care–Dressing:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Self Care–Shaving:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Sexual Activities:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Sleep:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Static Sitting:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Static Standing:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Walking:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform
- Yard Work:  No Effect  Mild Painful (Can do)  Mod Painful (Limited)  Sev Unable to Perform

**Recreational Activity: Effects of Current Condition on Performance**

- \_\_\_\_\_  No Effect  Mild Painful (Can do)  Mod Painful (limited)  Sev Unable to Perform
- \_\_\_\_\_  No Effect  Mild Painful (Can do)  Mod Painful (limited)  Sev Unable to Perform
- \_\_\_\_\_  No Effect  Mild Painful (Can do)  Mod Painful (limited)  Sev Unable to Perform
- \_\_\_\_\_  No Effect  Mild Painful (Can do)  Mod Painful (limited)  Sev Unable to Perform